

# Direct Rein

Volume 20, #8

CDCTA Newsletter

AUGUST 2023

## THE WHEELBARROW LOAD

I'm writing this on a very rainy Sunday, which has thwarted my riding plans for the day. Not that I am complaining....with the extended drought we have had this summer, I will gratefully accept the rain whenever Mother Nature decides to favor us with it. Maybe another hay cutting will be possible after all, which might mean we can feed our beasts over the winter without taking out a second mortgage.

Fortunately I did manage to ride on Thursday this week, which is my day off (I work every Saturday, so I have to have some time to do all the things that normal people get accomplished on weekends). I have to plan my riding carefully and rarely get to do it more than twice a week, and often only manage once. Or none, if the weather doesn't cooperate.

I fully understand that riding, like any other sport, requires regular training in order to improve, or even to maintain, the desired skill level. Crystal used to say that any problem you have with your horse can be solved with wet saddle pads....her way of saying get on and ride, ride, ride. No excuses. Except that there are excuses, all the time, and things that interfere with everything I like to do. It's just, as they say, all part of being an adult.

I have made peace with the fact that at the age of sixty I am no longer aiming for the Olympics. I'm not really sure I have the guts or the stamina to get around a novice-level event course anymore. Schooling shows are still a possibility though, and clinics are an even likelier one. So I am thrilled that our club will be offering a dressage clinic in October with an instructor that I haven't yet had the opportunity to ride with, but who sounds from her bio like exactly the kind of clinician I need.

I think one of the best things about planning to ride in a clinic, or in a show, is the anticipation of the event. In my case the anticipation is always tempered by the fear that I will not be prepared, and that I will be subjected to ridicule and derision about my lack of ability. This feeling of potential doom and embarrassment pushes me to try harder than I normally would, and ride when maybe I would have made an excuse not to. The possibility of failure keeps me honest and riding more regularly, and that for me is the biggest reason to enter either a clinic or a show. I do enjoy riding for its own sake, but I am more consistent and try harder when I have a goal to achieve. I think that's the main reason piano teachers and ballet instructors have their students put on recitals. The looming deadline of performance keeps them on track.

So now I have a goal, and a plan, and I am looking forward to the Gwyneth McPherson clinic eagerly. She is a new face in our area, and if you take the time to read her bio and informational pages I think you will agree that she is a perfect fit for our club. It sounds like she will happily help you with whatever you are riding, whether it is a half-broke Quarter Horse or an upper-level schoolmaster.

Putting together a clinic is hard work, and I applaud our CDCTA Board for seeking out a new clinician and organizing the whole thing, and big thanks to Stacey Collier for hosting it at her barn and continuing the proud Stony Hill dressage tradition. I hope many of you can make space in your schedule for this exciting opportunity, and sign up for what promises to be an enlightening and novel experience! If you won't be able to ride, then consider auditing...it is a great way to learn without quite as much stress and logistics, and I'm sure you will take away a lot of knowledge that will help you as you ride at home, even on days when you might otherwise think about staying in your snugly bed a little later in the morning, or chilling out in front of the TV instead of heading out to saddle your own mount-and rack up a few more wet saddle pads!

*Until next time-*

*Beth Hussey*

**This newsletter is published monthly by the Columbia Dressage and Combined Training Association.**

**President: Audrey Plummer**  
**Vice President: Lora Blair**  
**Secretary: Teri Bauer**  
**Treasurer: Anne Borgmeyer**  
**Member at Large: Kim Kriekhaus**

**Questions regarding submissions and content should be directed to Beth Hussey at (573) 808-6897 or [eshussey@gmail.com](mailto:eshussey@gmail.com).**

**Submissions may be sent via email or mail to 655 North Route O, Rocheport, MO 65279.**

**Submissions are due by the last day of the month before publication.**

**Our website is [www.cdcta.org](http://www.cdcta.org) for late-breaking news. Photographs should be submitted in JPEG format.**

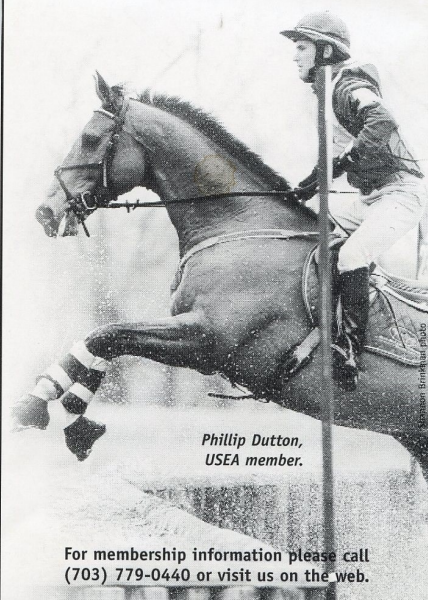
**For membership information, please contact Kim Kriekhaus at (573) 442-3039 or email [kriekhausk@gmail.com](mailto:kriekhausk@gmail.com)**

## **United States Eventing Association**



Join over 13,000 members who support the United States Eventing Association and the sport of eventing. Be part of the dedicated and determined group of people who share a love of horses and loyalty to their sport. Whether you are a competitor, volunteer, sponsor, or spectator, the USEA gives you the opportunity to experience the thrill of eventing!

**From entry level to the Olympics, there's something for everyone at the USEA!**



*Phillip Dutton,  
USEA member.*

For membership information please call (703) 779-0440 or visit us on the web.

**[www.useventing.com](http://www.useventing.com)**



**HEAD BACK TO SCHOOL IN STYLE!!  
RIDE YOUR HORSE!**



**CDCTA**  
**MEETING MINUTES**  
**7/19/23, TERI'S HOUSE-7:30-8:30**

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**In Attendance**

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Audrey P, Anne B, Lora B, Teri B, Kim K. Minutes approved without opposition.

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**Committee Reports**

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Treasurer: 6840.00 in checking and Paypal, 188.00 in Liz fund.

Membership: 38 members per Kim.

Education: 1. Upcoming Gwyneth McPherson clinic 10/14-15, to be held at Stacey Collier Dressage at Stony Hill Farm. Social media posts to come soon. 175.00 per ride is break even, need 8 riders at least. 195.00 for nonmembers. Auditing members 25/day, 35/2 days, non 30/day, 40/2 days. Lunch will be provided for riders and auditors; seeking donations. Dinner with the clinician possibly Saturday night, Anne will be arranging this. Anne will ask Stacey about a gift basket for Gwyneth. Motion to approve, was approved. 2. "Stop the bleed" training by MU Healthcare: think about for Winter.

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July Schooling Show: Ended 12.00 negative balance, not bad!! The show was a success!! Thank you to all our volunteers.

New business: There was talk about doing a fix a test. Also talk about trail ride at Lora's November 4<sup>th</sup> at 10 am, potluck lunch and meeting to follow.

Bylaws committee-Kim, Beth, Tesa- Kim will get with Beth; Liz Hotchkiss fund-Stacey/Allison to help with application? Audrey to send email to Stacey, Alison and Beth to ask about status.

Need to get Rosy's Fall Sunny Oak show date (either October 21 or 22<sup>nd</sup>).

Fundraising: Anne to check at Impix to see about getting calendar done. Lora will check with Sarah about donations/sponsors and possible template for calendar, donation letter, price point, will start to solicit pictures from members. Allison will anticipate getting dates for next year. Fundraiser idea: polo shirts; Anne will check on this.

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If anybody has information or pictures to share, they are encouraged to post on the CDCTA FB page.

Convention: USDF this year in Omaha 11/29-Dec 2, USEA in St Louis-Dec 6-10<sup>th</sup>. -Will CDCTA send someone? To be discussed at next meeting.

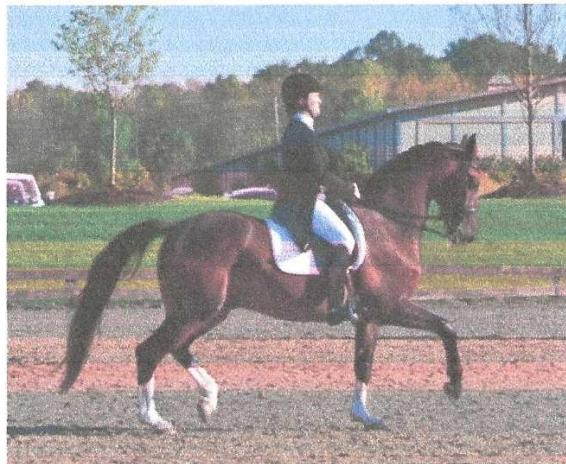
**NEXT MEETING: 8/16/23 at 7pm at Teri's, 3701 W Timber View Drive, Columbia 65203      BYOB**

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**PLEASE MAKE AN EFFORT TO ATTEND, WE NEED THE SUPPORT TO HAVE A GREAT CLUB! (and I have a really cute puppy to play with) ☺**

**Submitted 8/5/23 by Teri Bauer, Secretary, CDCTA**





# Fall Clinic

with

**Gwyneth McPherson**

**October 14 & 15, 2023**

**Columbia, MO**

Gwyneth McPherson began her education in dressage in the late 1970s, riding in her backyard on an 11 hh pony. Her instructor introduced her to Lendon Gray (1980 and 1988 Olympian). Lendon mentored Gwyneth for 10 years. In 1984 Gwyneth achieved her first National Championship, and her Team and Individual Young Rider Gold Medals in 1987, under Lendon's guidance.

In 1990 Gwyneth began training with Carol Lavell (1992 Olympian). Carol further developed Gwyneth as an FEI rider and competitor. Gwyneth achieved a Team Bronze in 1991 and a Team Silver in 1992 in the North American Young Riders Championships, and trained her stallion G'Dur to do all the Grand Prix movements while riding with Carol.

In 2008, while employed as Head Trainer at Pineland Farms, Gwyneth began training with her two mentors' trainer Michael Poulin (Olympian 1992). Michael was trained by Franz Rochowansky (Chief Rider for the Spanish Riding School 1937-1955). Michael has shared much of Rochowansky's knowledge and wisdom with Gwyneth, completing her education as a Grand Prix rider, trainer and competitor.

Read more at

[www.ThinkDressage.com](http://www.ThinkDressage.com)

Hosted by **CDCTA** at  
**Stacee Collier Dressage,**  
**Stony Hill Farm**

7953 S. Old Plank Road  
Columbia, MO 65203





DRESSAGE & COMBINED TRAINING ASSOCIATION

## Fall Dressage Clinic with Gwyneth McPherson on Oct. 14 & 15, 2023

Hosted by CDCTA at Stacey Collier Dressage, Stony Hill Farm, 7953 S. Old Plank Rd, Columbia, MO

### Rider Registration Form

Rider Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Horse Name: \_\_\_\_\_

Approximate level or experience: \_\_\_\_\_

Ride (check one or both): \_\_\_\_\_ Saturday \_\_\_\_\_ Sunday

Requested special accommodations (time constraints, travel buddies to schedule near, etc.

I can't guarantee being able to accommodate, but I'll try my best!):

Very limited stabling opportunities available, please contact Stacey Collier at [Staceecollier@hotmail.com](mailto:Staceecollier@hotmail.com) or text 775-351-8093 for stabling requests and information.

### Fees:

Rider Fee - \$175 per ride \$ \_\_\_\_\_

Non-member Fee - \$20 per ride \$ \_\_\_\_\_

*Applies to all non-CDCTA members*

Facility Fee - \$10 per ride \$ \_\_\_\_\_

Paypal Fee - \$3 per registration \$ \_\_\_\_\_

*Covers Paypal transaction fees, only applicable if you pay via Paypal*

Lunch Donation \$ \_\_\_\_\_

*Provided for riders & auditors*

Total \$ \_\_\_\_\_

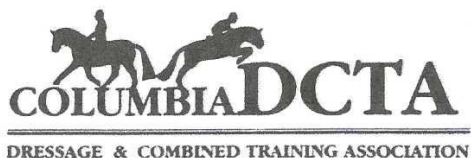
### **Mail registration form, check, and liability release to:**

Anne Borgmeyer, CDCTA  
1655 County Road 342  
Fulton, MO 65251

Or email registration form, liability release, and submit Paypal to [ColumbiaDCTA@gmail.com](mailto:ColumbiaDCTA@gmail.com)

Questions? Email [anborgme@gmail.com](mailto:anborgme@gmail.com) or call/text Anne at 573-230-1066.





### **Fall Dressage Clinic with Gwyneth McPherson on Oct. 14 & 15, 2023**

Hosted by CDCTA at Stacey Collier Dressage, Stony Hill Farm, 7953 S. Old Plank Rd, Columbia, MO

#### **Auditor Registration Form**

Auditors may drop in on the day of the clinic and pay at the arena, but it would be helpful if you pre-register in order for us to determine lunch numbers and potential audio equipment needs.

Auditor Name(s): \_\_\_\_\_

Email: \_\_\_\_\_

Attending (check one or both):    ☐ Saturday    ☐ Sunday

#### **Fees:**

Auditor Fee, one day - \$25    \$ \_\_\_\_\_

Auditor Fee, weekend - \$35    \$ \_\_\_\_\_

Non-member Fee - \$5    \$ \_\_\_\_\_

*Applies to all non-CDCTA members*

Lunch Donation    \$ \_\_\_\_\_

*Provided for riders & auditors*

**Total**    \$ \_\_\_\_\_

#### **Mail registration form and check to:**

Anne Borgmeyer, CDCTA  
1655 County Road 342  
Fulton, MO 65251

Or email registration form and submit Paypal to [ColumbiaDCTA@gmail.com](mailto:ColumbiaDCTA@gmail.com)

Or just bring your auditing fee, your chair, and your best dressage friend to  
Stony Hill Farm on Oct 14 & 15!

Questions? Email [anborgme@gmail.com](mailto:anborgme@gmail.com) or call/text Anne at 573-230-1066

## Upcoming Area Events:

**August 16, 2023-CDCTA Business meeting 7 p.m. at Terri Bauer's house.**

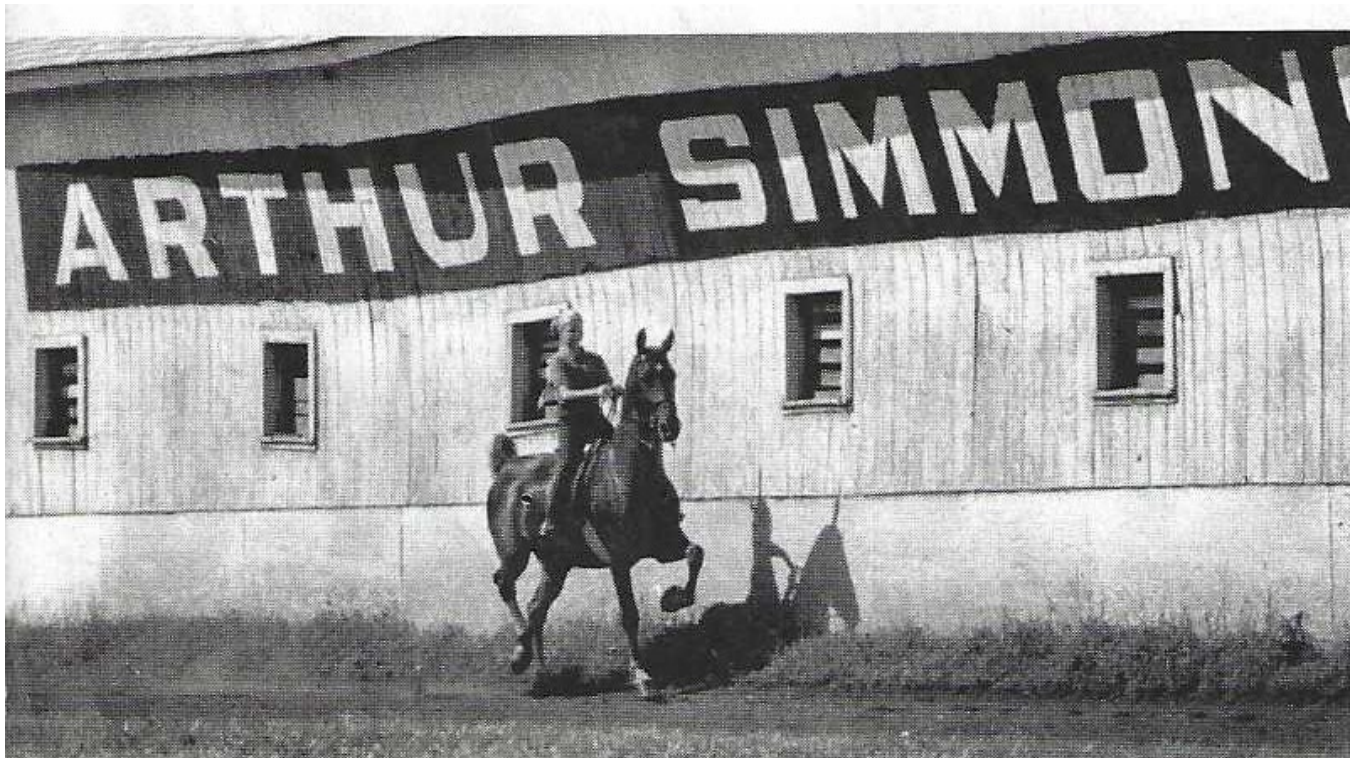
**September 2-3, 2023-NEC Dressage Schooling Show Championships and Open Show St. Louis, MO**

**October 14-15-Gwyneth McPherson dressage clinic at Stony Hill Farm. Information in this newsletter!**

**November 4-CDCTA Trail Ride at Lora Blair's farm (tentative)**

**November 29-December 2, 2023-USDF Annual Convention in Omaha, NE**

**BELOW: Well, it's not really a mystery rider...but kind of a cool photo of a very old local stable, and the granddaughter of a legend. Art Simmons, one of the winningest American Saddlebred trainers ever, worked out of this Mexico, MO facility for many many years. It reminds us of how rich the equestrian history is in our part of the world!! This is Jennifer Simmons on an unidentified horse.**





## DRESSAGE & COMBINED TRAINING ASSOCIATION

Beth Hussey  
655 North Route O  
Rocheport, MO 65279



**NEXT MEETING: Wednesday, August 16 at 7 p.m. at Teri's house. Hope to see you there!**

### Columbia Dressage & Combined Training Association 2023 Membership Form

*CDCTA is a United States Dressage Federation (USDF) Group Member Organization (GMO). By joining CDCTA you are becoming a Group member of the USDF. \$20 of your CDCTA dues are forwarded to the USDF as GMO membership dues. (\$11 for additional members in family)*

Membership year runs December 1-November 30. Dues are payable in October. You may pay by check made out to CDCTA or through Paypal at ColumbiaDCTA@gmail.com.

**Individual Membership: \$45/year**

**Family Membership:** \$45/year plus \$30.00 for additional member residing at same address. Please list all members included (use additional sheets if needed).

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone Number (s) \_\_\_\_\_

E-mail \_\_\_\_\_

NOTE: We send our monthly newsletters out by email. Please check here if you would prefer to receive a mailed copy. \_\_\_\_\_ Did someone refer you for membership? \_\_\_\_\_

*I am/ We are occasionally asked to share our membership list with persons or corporations with items of possible interest to our members.*

*Please circle one: DO DO NOT include my name on this list.*

Make check payable to CDCTA and mail to:

**Kim Kriekhaus, Membership Chair**  
**2202 West Williams Road**  
**Sturgeon, MO 65284**