

# Direct Rein

Volume 19, #2

CDCTA Newsletter

FEBRUARY 2022

## THE WHEELBARROW LOAD

### Is it just me or.....

Have the last two years and some months been just exhausting?

I have never been so tired doing nothing.

Well, of course, not nothing. Horses and pets need to be fed and cared for, and most of us still slogged back and forth to work during the pandemic, and life with its unending supply of things to do went on. But prior to 2020 I spent a fair amount of time going to meetings for various organizations or committees, traveling to conferences and occasionally for pleasure, doing things that seem a distant memory (plays, concerts, weddings, girls nights out, etc. etc. etc.) and I never felt as dragged down and logy as I have felt since this whole virus thing began.

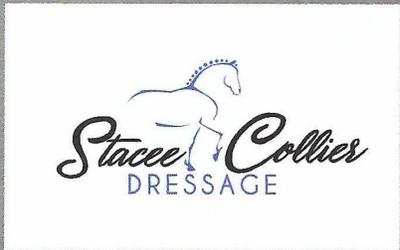
Finally, though, it looks like things may be returning slowly to normal, and the upcoming year for CDCTA shows some exciting events to look forward to. Up first is our next business and educational meeting, to be held on Wednesday, February 23 at our old standby Stony Hill Farm. Stacey Collier will be leading a Wine and Ride session to de-mystify lateral work for all of us who still have to think which part goes where when we start a leg yield. It does remain to be seen if we can still figure that out after a couple glasses of wine-but it will be a fun time and set all of us up for the season ahead of us. We welcome a new president, Audrey Plummer, who has already started planning and brings a fresh face and youthful energy to the office. Thanks Audrey for stepping up and taking the reins! Filling out our experienced and accomplished slate will be Stacey Bates as vice-president: another new face whose enthusiasm for the Adult Dressage Camp project will ensure that the camp will be one all participants will remember always; Lora Blair, our former Fearless Leader who will step into the secretary role and help ensure the camp is a success; Amy Stapleton as Eternal Treasurer and Kim Kriekhaus as our member at large, for the second term in a row. We love all of you and so admire your dedication to our club! We are small-we will never be the California Dressage Society-but all of our members have the opportunity to be involved at the highest level with whatever project they might wish to further.

Adult Dressage Camp is a firm go, and we will be looking for commitments from members and non-members to send in their deposits by March 15 so that we can start planning other fun events for the weekend. If you are a newer member, you may not remember our previous adult camps. For a few years there one was offered every year in the summer at William Woods. We would put it on one year, and then KCDS would alternate with us, so that a quality camp could occur every year without the annual (considerable!) financial and volunteer burden always landing on the same club. I have great memories of my one and only camp, and was always sorry I didn't get to attend more of them. A whole group of people managed to ride every year, and the camaraderie that always develops during an event of this kind became even deeper as repeat campers converged to catch up, compare notes, and share happy hours in the early evenings as the days' lessons were relived and re-enjoyed. Auditors will be welcomed and even if you can't make the commitment to ride for the camp, you should try to come and watch some of the lessons!

And after camp is over we will start planning for a summer dressage show, format/date/etc. still to be decided, but we have good people working on it and I'm sure it will be another great success. This would be a great time for our newer members to get familiar with some of the behind the scenes work that goes into putting on a quality show. You will have a new respect for how hard it can be...but you will also have a great time and get to work with some wonderful people who share your interest and enthusiasm for the sport.

The last two years have not been easy. But the club has survived, and we are ready to move forward into the future!

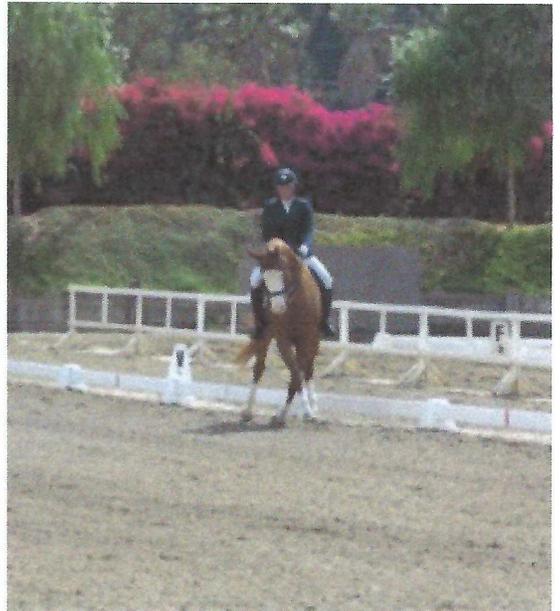
Until next time-Beth Hussey



## Wine and Ride

For the month of February we will do an educational evening at Stony Hill Farm

Understanding Lateral Work and how our Body and Balance influence the Horse



### Why is lateral work so hard

It doesn't have to be. This will be a fun evening of demonstrations, friends, and enlightenment. I will ride several horses if needed to demonstrate the learning process of the horse, and how a rider needs to be clear and organized in the horse's learning process. I will also demonstrate each movement, leg yields, shoulder in, renvers (haunches out), travers (haunches in), half pass, walk pirouettes (turn on the haunches), canter pirouettes, and anything else you are curious about. I will show you how our balance and position on the horse will influence or hinder the movement. Questions are encouraged.

- ▶ \$20 per person (non CDCTA member)
- ▶ \$10 per person (CDCTA member)

When: Wednesday, February 23rd

Where: Stony Hill Farm  
7953 S Old Plank Rd  
Columbia, MO 65203

Time: Wine and Ride Demos Starting at 5pm  
CDCTA Meeting starting at 7pm

Other: All ages are welcome. Bring your favorite beverage and snacks.

**At long last the minutes from November have been found and will be reported here (no December meeting or party was held, so nothing to report on that)**

**Minutes from the CDCTA business meeting, held November 22, 2021 at Angelo's. In attendance: Beth Hussey, Leah Strid, Alison LaCarrubba, Stacey Bates, Lora Blair, Audrey Plummer, Kim Kriekhaus, Sarah Hansen, Stacey Collier.**

**Meeting called to order at 7:14 p.m. The abbreviated minutes from the previous quadrille meeting were presented; Kim moved they be accepted as presented; motion passed. Treasurer's report was unavailable at meeting time. There was no current report from the Liz Hotchkiss Memorial Committee but the members of the committee will be meeting soon to work out some of the nuts and bolts of how people will apply and when for the scholarship.**

**Kim gave the membership report, which as of this time consists of fifteen members. Beth will send a copy of the most current membership form for Leah to put on the website.**

**Lora informed those present that Leah and Beth both won awards from the USDF for 2021; Leah for Best Amateur photograph and Beth for Best First Person Experience article. Plaques will be mailed to the winners. Go CDCTA!**

**Lora also mentioned the many programs that are funded by the Dressage Foundation, one of which is the Gifted scholarship, which is awarded to one rider in each region. Leah Strid has applied for this year's scholarship; Beth Hussey has previously won it and so our club has benefited from the support that TDF offers. Kim moved to give \$100 to The Dressage Foundation as our annual donation to a worthy horse-oriented cause; Audrey seconded the motion and motion passed. Lora will get a check from Amy.**

**Lora brought up the idea of competitions for the 2022 season; wanted to know if there was interest in holding a spring show. Kim volunteered to be show secretary but does not want to be manager. It needs to be clarified exactly what each of those positions is responsible for. There is a schooling show scheduled for the weekend of March 19-20 at William Woods. No recognized shows are scheduled at that venue for this year. There was discussion about which venues could be used for our own show. No decisions were reached and it was decided not to attempt to put on a spring show for 2022, although we may look at doing something later in the summer.**

**Stacey Bates gave the report from the Adult Camp Committee; considering either William Woods or Sedalia Fairgrounds for the venue. NEC in Defiance was also suggested. We have applied for several grants including the Vi Hopkins one for \$2000. Several instructors have been proposed, including Wick Hotchkiss and Bailey McCallum. Other fun activities proposed include: tack swap, exhibitions, a gymkhana, lessons in other disciplines. Dates and venue needs to be decided first; will report back at next meeting.**

**Sarah Hansen presented a draft of the CDCTA Events calendar; she has five sponsors lined up already and plans on selling them for \$15 per calendar. Amy will need to get tax forms for suppliers; Sarah will pay for the production of the calendars and the club will reimburse her.**

**It was decided that there will be no December meeting, since we are not having a party this year anyway due to COVID concerns. A casual party/annual banquet is planned for January of 2022. No real year end awards but some fun stuff and election of officers for the upcoming year. Ali Herron is looking into venues and dates; two that have been suggested are Grand Cru and D. Rowe's.**

**Beth is heading the nominating committee; Audrey Plummer has agreed to be secretary, and Amy will be treasurer. Kim also agree to serve as member at large again but we are still looking for president and vice president nominees. Beth will start calling people. Kim moved to adjourn; Alison seconded and motion passed.**

**Respectfully submitted: Beth Hussey, secretary.**

## CDCTA Newsletter Ad Rates

### Members:

Classifieds or business card sized ads:  
free

### Non-Members:

Classified ads: \$5/month  
Full page ad: \$20/month  
1/2 page ad: \$15/month  
1/4 page ad: \$10/month  
Business card size ad: \$6/month

This newsletter is published monthly by the Columbia Dressage and Combined Training Association.

President: Audrey Plummer  
Vice President: Stacey Bates  
Secretary: Lora Blair  
Treasurer: Amy Stapleton  
Member at Large: Kim Kriekhaus

Questions regarding submissions and content should be directed to Beth Hussey at (573) 808-6897 or [eshussey@gmail.com](mailto:eshussey@gmail.com). Submissions may be sent via email or mail to 655 North Route O, Rocheport, MO 65279.

Submissions are due by the last day of the month before publication. Our website is [www.cdcta.org](http://www.cdcta.org) for late-breaking news. Photographs should be submitted in JPEG format.

For membership information, please contact Kim Kriekhaus at (573) 442-8493.

[https://  
www.usdfregion4.org/  
grants--scholarships.html](https://www.usdfregion4.org/grants--scholarships.html)

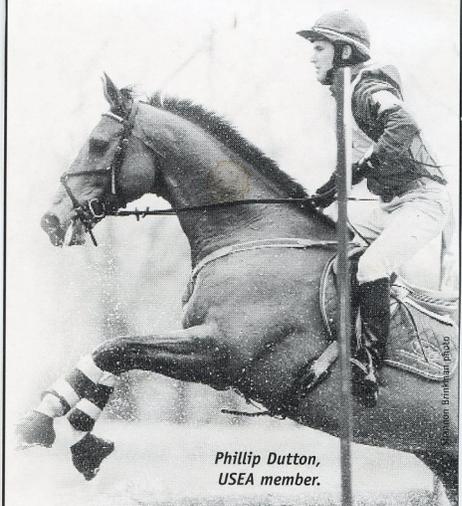
Check out this website for information about grants and scholarships available through our region and USDF!

## United States Eventing Association



Join over 13,000 members who support the United States Eventing Association and the sport of eventing. Be part of the dedicated and determined group of people who share a love of horses and loyalty to their sport. Whether you are a competitor, volunteer, sponsor, or spectator, the USEA gives you the opportunity to experience the thrill of eventing!

**From entry level to the  
Olympics, there's  
something for  
everyone at the USEA!**



*Phillip Dutton,  
USEA member.*

For membership information please call (703) 779-0440 or visit us on the web.

[www.useventing.com](http://www.useventing.com)



**Apparently last month's Mystery Rider has a smile that has stayed her own from childhood through now!!**

**Several people guessed her identity-it was Stacey Bates-and everyone commented that they recognized her smile immediately.**

**But someone has to win, and Kim Kriekhaus was the first (but not the only!) correct guess. Congratulations!!**

**New photo above: This is a picture from the Wayne Horse Trials in Illinois. In order to win this Mystery Rider challenge for this month, you must name both the horse AND the rider.**

**Email me if you think you know! [eshussey@gmail.com](mailto:eshussey@gmail.com)**

## MINUTES FROM ZOOM MEETING HELD ON JANUARY 28. 2022

Moderator: Lora Blair

Present via Zoom: Beth Hussey, Audrey Plummer, Anne Borgmeyer, Deb Carter, Terri Vittitoe, Kim Kriekhaus; Amy Stapleton called in for a period of time.

Called to order at 7:11 p.m.

Beth, representing the nominating committee, presented the proposed slate of officers for 2022, which are as follows:

President, Audrey Plummer

Vice President, Stacey Bates

Secretary, Lora Blair

Treasurer, Amy Stapleton

Member at Large, Kim Kriekhaus

Beth then moved to accept the slate as presented by acclamation; Amy seconded the motion and it passed unanimously. Congratulations to all of our new officers, and a big thank you to our 2021 officers for their service to CDCTA!

Lora gave the report on our upcoming Adult Dressage Camp, which will be held May 5-8 at William Woods University. Our two instructors are confirmed: Bailey McCallum, M.ED and Eileen Ostlund, DVM, PhD. Information and applications are on the club Facebook page and will be emailed as well as printed in the newsletter. Lodging will be at the Baymont Inn, which has given us a block of rooms for \$75 per night. Total cost of camp, which includes stabling for your horse, will be \$500 for CDC-TA members and \$545 for non-members. Auditing fee is \$25 for one or all days. A deposit of \$200 will be required by March 15 in order to reserve your space. We are applying for two grants from the Dressage Foundation, and one from USDF, which will help us keep the costs reasonable if we get them. Get excited everybody!!

Treasurer's report: Amy gave the numbers to Lora, who says we have \$7529.10 currently in our account. Calendar sales helped our bottom line a lot, because the production costs were completely covered by our generous sponsors and all money from the sales was profit! There are still ten or twelve calendars available; if you want one, contact Lora.

At a previous meeting there had been some interest in doing a summer or fall schooling show, but we could not proceed without finding volunteers to be show secretary and manager. Kim Kriekhaus agreed to be show secretary, and Anne Borgmeyer said she would accept the position as manager, with the caveat that she did not know a lot about organizing shows and would need some additional help. Beth had questions about filling out the insurance forms for this year, and these were addressed.

Kim gave the current membership report, which stands at 26-28 members.

Audrey, as our new president, will set up the February meeting, which is historically held on the 3rd Monday of each month. Unless someone has a better idea it will likely be held at Angelo's, and the date will be February 21. Audrey will call them to reserve the party room.

In order to meet our Zoom-imposed forty minute limit, Beth then moved for adjournment; Kim seconded the motion and it passed unanimously. Meeting adjourned at 7:45 p.m.

Respectfully submitted, Beth Hussey, secretary.

**Are you looking for a belated Christmas gift for a horsey friend? Trainer? Farrier?**

**Buy them a 2022 CDCTA calendar!**

**Can't beat the price ( fifteen bucks! ) and there are some important equestrian dates listed to help you guide your riding plans for the next year.**

**Thanks to our generous sponsors ! With their generous donations all of the money made from the sales of these calendars will go straight into the CDCTA coffers-pure profit!**

**Only about a dozen are left...contact Lora Blair NOW if you don't want to miss out!! She will do her best to deliver them in person for you.**



## Adult Dressage C. A. M. P.

\*Connecting \*And \*Making \*Progress

**May 5 - 8, 2022**

[William Woods University Equestrian Facility Fulton, MO 65251](http://www.williamwoods.edu/equestrian)

USDF Bronze/Silver Medal Instructors: Bailey McCallum M.Ed and Eileen Ostlund DVM PhD

Rider Name			
Address			
City/State/Zip			USDF/CDCTA: Y / N
Membership			
Phone	Email		
Medical	Carrier:	Number:	
Releases Required	CDCTA / USDF / WWU	Proof of Coggins and 6 mos. Rhino/Flu ATTACHED / STILL NEEDED	
Emergency Contact	Name:	Phone:	
Diet Concerns			
Rider Level			Horse Level:

**\$500 for USDF/CDCTA Members \$545 for New USDF/CDCTA Members Camp Fee Includes:**

4 days of total immersion; horses and friends at a great facility with outstanding riding instruction, unmounted education ([Zoetis Equine Health](http://zoetis.com/equine-health) veterinary presentation), fitness, crafts and FUN!  
Join us to **C.onnect A.nd M.ake P.rogress** with our horses and each other!

Stalls with bedding + shared tack/feed stalls -Thursday through Sunday (mandatory to strip stalls or \$75 fine)

Limited lunging and hand grazing areas available / Air-conditioned classroom with audio-visual equipment.

Indoor Arenas for: 1 x Semi-Private and 1 x Private Lesson – Friday and Saturday & 1 x Private Lesson - Sunday

3 Dinners Included: Thursday/Friday/Saturday (college town has many options for breakfast/lunch/snack)

Hotel: <https://www.wyndhamhotels.com/baymont/fulton-missouri/baymont-inn-and-suites-fulton/overview?CID=LC:BU::GGL:RIO:National:49414&iata=00093796> Baymont by Wyndham 573-416-0911

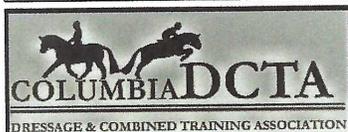
We have a block of 15 rooms at discounted rate of \$75/night and a free meeting room.

Auditors: \$25 one-time fee for any/all      Western Dressage + Cross Training Riders Welcome!

**Registration by mail to:**  
Columbia DCTA c/o Stacey Bates  
197 Hickory Lane  
Holts Summit, MO 65043  
573-694-2648

\$200/\$245 Deposit March 15<sup>th</sup>  
\$300 Balance by April 30<sup>th</sup>  
New USDF/CDCTA Members \$545  
Limiting to 18 Riders FCFS

Registration electronically to:  
[Summitvet08@yahoo.com](mailto:Summitvet08@yahoo.com)  
PayPal Friends and Family





**DRESSAGE & COMBINED TRAINING ASSOCIATION**

Beth Hussey  
655 North Route O  
Rocheport, MO 65279



**NEXT MEETING: Wine and Ride at Stony Hill! Educational/business meeting Wednesday, February 23. More details inside!**

**Columbia Dressage & Combined Training Association  
2022 Membership Form**

*CDCTA is a United States Dressage Federation (USDF) Group Member Organization (GMO). By joining CDCTA you are becoming a Group member of the USDF. \$20 of your CDCTA dues are forwarded to the USDF as GMO membership dues. (\$11 for additional members in family)*

Membership year runs December 1-November 30. Dues are payable in October.

**Individual Membership: \$45/year**

**Family Membership:** \$45/year plus \$30.00 for additional member residing at same address. Please list all members included (use additional sheets if needed).

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone Number (s) \_\_\_\_\_

E-mail \_\_\_\_\_

NOTE: We send our monthly newsletters out by email. Please check here if you would prefer to receive a mailed copy. \_\_\_\_\_ Did someone refer you for membership? \_\_\_\_\_

*I am We are occasionally asked to share our membership list with persons or corporations with items of possible interest to our members.*

*Please circle one: DO DO NOT include my name on this list.*

Make check payable to CDCTA and mail to:

**Kim Kriekhaus, Membership Chair  
2202 West Williams Road  
Sturgeon, MO 65284**