

# Direct Rein

Volume 16, #6

CDCTA Newsletter

JUNE 2019

## Dating is a minefield and no mistake....

anyone who yearns for the carefree single life has been out of that rat race too long to remember how exhausting and disappointing it can actually be. Meeting people is not actually the hard part; at least, it never has been for me. I talk to tons of people every day in the course of my profession, and I have always had a big mouth and talk to people for fun all the time. Occasionally, a conversation turns into something more, and occasionally the something more can turn into a date, and then that date can turn into Starting to See Each Other, and that is when things can go badly wrong, as both parties begin to return to their normal lives following the disruption (welcome and pleasant though it might be) of a new romantic interest. My friend and CDCTA Treasurer Amy refers to this extended period of floating through idyllic feelings as the Walk through Siberia, when you don't really care about anything but the new person, and all of your responsibilities and cares take a back seat to this newest and most interesting thing in your life.

Eventually, though, real life intrudes and you have to muck the stalls and feed the horses.

Imagine my surprise and delight when the walk through Siberia with my latest more-than-friend has continued right on through the stall mucking and the horse feeding, and has extended even to the unthinkable level of said friend wanting to get on Wolfie and ride him.

Many are the men who have made noises about riding my horses, and most of them have been pretty easily dissuaded or distracted.

This latest one seems to be though, if you will pardon the pun, a horse of a different color. He has made it a point to try and make friends with Wolfie, of all possible mounts, and is determined to get on him and go on a trail ride. The English saddle ploy has not knocked him off course, nor have all the horror stories with which I have regaled him regarding the evil tricks Wolfie has pulled with everyone who rides him.

This evening's unseasonably pleasant June breezes, and the freshly brush-hogged paths through my back pasture woods beckoned. New friend was responsible for the brush-hogging...and surprise of surprises, also put together a lovely little course of ten newly cut logs in my middle pasture as well. We decided to celebrate and took both horses out for a little sunset trail ride. Time to see if the treats and the brushing and the sucking up to Wolfie would make the difference.

Apparently, not enough.

The first part of the ride went well enough; I was on the eternally un-retired Billy, who was happy to be out and about and poked his nose down happily and stretched to follow the new trails and stepped over the new log obstacles. My bad...I couldn't resist seeing if the old man could still trot over a log, and so we stepped up our pace a bit and I pointed him at one of my brand new jumps. He lifted up and over like a youngster of eighteen instead of the old man of twenty seven he actually is, but the excitement managed to jazz up Wolfie as well, just enough to make him a bit of a handful.

Before I knew it my friend had engineered a very graceful but not fully planned-for dismount, and Wolfie was cantering around the field far too pleased with himself. Friend acquitted himself well by (first) not getting mad, or upset, or even acting sheepish. Instead, he picked himself up, went off calmly to collect the errant beast and REMOUNTED. Like, FROM THE GROUND. You guys who have met Wolfie may remember he is every bit of seventeen three hands high. I had to buy a three step mounting block before I could even get on him.

We rode back to the barn uneventfully, and never once did I hear a complaint about how bad Wolfie was, or how irresponsible I was to trot my horse over a fence with a new rider nearby (even though I kind of was). Instead all conversation was on how reasonable Wolfie had been about gently depositing him on the ground without hurting him, and how he really felt that they were developing a connection and how he couldn't wait to ride him again and get better.

No one knows what the new horse in the barn will turn out to be, or what the future holds for the yearling out in the field. No one can say what will happen with any two people when they get together, and paths can converge and diverge in so many ways. But this walk through Siberia includes a ride through an idyllic sun kissed pasture dotted with the cross country fences of my dreams, by the side of a person I think I could ride with for a long time.

We'll see what happens.

*Until next time-*

*Beth Hussey*

**Coming August 24, 2019  
6:30 p.m.**

**11501 East Vemers Ford Road 65201**

**MOVIE NIGHT!!**

**Under Lora Blair's Big Ass Fan at her lovely  
and secluded house in the countryside  
No Sweating Allowed!**

**Kim Kriekhaus will be our moderator as we  
watch videos of dressage tests and practice scor-  
ing and judging various levels and different  
tests.**

**Bring a side dish-we will have some sort of main  
event meal on the grill or in the oven  
Soft drinks will be provided but if you want  
booze it's BYOB.**

**This will serve as our August CDCTA meeting  
and also as an unmounted educational event for  
the club.**

**We need your videos!! Upload them on youtube  
and send the link to: [kriekhausk@gmail.com](mailto:kriekhausk@gmail.com)  
BEFORE AUGUST 8!!**

**She will compile them for us to watch  
and compare.**

Recently I began auditing Part 1 of the United States Dressage Federation L Program. This program offers a comprehensive curriculum created to teach participants and auditors to evaluate dressage performance at Training through Second Level. It is being offered in Maryland through the Potomac Valley Dressage Association. The sessions I've attended were taught by Lois Yukins and Janet Foy, experienced S-level FEI judges. Previews of these sessions may be viewed on the USDF web-site, but these condensations convey only a fraction of the information transmitted by these very experienced women. It had been my goal to attend this program for some time, but never found one being offered somewhere I wanted to spend a weekend.

#### **What motivated me to attend these sessions?**

I grew up in Baltimore where horses pulled carts and wagons for arabs and collectors of old rags and newspapers, not in a rural area where they were seen daily, and riding a horse was not an unfulfilled childhood obsession. I did not get on a horse until I finished graduate school and my first wife suggested that we go on a trail ride. Following that ride I did not mount a horse again until I began lessons at Stephens College Equestrian Center ten years ago. I had been volunteering at Cedar Creek Therapeutic Riding Center, observed its benefits to those children, and felt it might also be good for me. I participated twice in the week long summer programs at Stephens, had the opportunity to enroll in a semester session, and discovered that I needed private instruction.

Up to then all of my riding had been in western tack, which seemed to me totally unnecessary for riding in an arena. The saddle was heavy, the stirrups clunky, and the saddle horn seemed a hazard. For these impediments my first wife suggested that I consider dressage, and that is how I began lessons with Kim Kriekhaus at Willow Ponds Farm. I began making progress riding Kim's lesson horses and started participating in shows. In 2013 Jake, a horse I was leasing, and I became Century Club Team 141 when we rode in the Show Me State Games.

After that show I continued to work with Jake until he passed away suddenly in January 2015. This was devastating for me. He was exactly the horse that I needed for my learning at that time and we had begun to work well together. From then on I've had to find a way forward without a horse, an issue Jessica Jahiel addressed in her book, *Riding for the Rest of Us*. I had been leasing Jake and wasn't aware of the availability of any other school horses. A second matter was my age. I had read Helen Hills's, *Still Riding at 80*, which profiles the stories of twenty elder riders and drivers, but hadn't found an answer to the question, "When is someone too old to ride?" This is something that every rider must decide for him or herself. For me it involved returning to what I had learned volunteering at Cedar Creek and Sunny Oak Farm. Riding became something I wanted to do well, but struggled to discover how. I acquired and read books, continued to take lessons, but then the inevitable occurred. During a lesson on the longe-line at Stephens College my horse spooked, I ended up with my face in the dirt, damaged my glasses, and bruised my thigh. For a young person falling is a rite of passage, but for me as an adult novice it was a wake-up call: "This is a risky activity". It was also about this time that Rosy, an experienced horsewoman, had been seriously injured. So it was not something I was prepared to dismiss quickly. Since that fall I have been some time recovering my confidence. I attended Linda Kohanov's, *Way of the Horse* workshop in Rhinebeck, New York, and participated in several clinics and workshops. In November 2017 I began lessons at LionHeart Riding Academy and currently am riding a Haflinger pony in Jake's dressage saddle.

I began to feel that there was more to classical horsemanship than could be gleaned from getting on a horse and taking riding instruction, and I was not alone in this thinking. Xenophon, born 431 BCE, wrote his *Treatise on Horsemanship*, and set down methods for training the horse based on its nature and physiology, for which the United States Dressage Federation is an advocate and offers learning opportunities to its members through its many programs including the L-Education Program.

This program is partly intended to train 'r' judges and begins by explaining the judging methodology, the system that a judge uses to give scores in a consistent and standardized fashion, and results in the correct and logical placement of competitors in each class. It is expressed in a formula involving three elements:  $(B + C) +/- m = \text{Score}$ , where B = Basics/Biomechanics, C = Criteria of the exercise, and m = Modifiers.

It is also essential that the judge have some knowledge of the anatomy of the horse in order to be able to understand a horse's biomechanics and correctly make evaluations as a test is observed. Thus there is a segment of the program devoted to this information. The horse's three gaits are explained in detail and Quality indicators discussed for each gait. An extensive glossary of terms, which judges should use in comments, is also defined and discussed.

#### **The Pyramid of Training**

The Pyramid of Training, which evolved as a means to evaluate the essential factors in the correct training of the horse is discussed and each of the six factors in the pyramid is defined along visual indicators for each. In her book *Dressage School*, a practical and easy-to-use reference to dressage movements, Britta Schoeffmann explains how each dressage movement depends on these factors.

#### **Who should attend the L-Program?**

I returned from these weekends inspired to work with greater attention to my own riding, and I encourage anyone interested in furthering their knowledge of dressage and improving their riding to audit this program. The cost of auditing a session of Part 1 is a steal, less than a riding lesson.



**The most experienced dressage instructor in Columbia is hitting the road!**

**Lessons at your barn, on your horse are now available.**

**Contact Liz Hotchkiss 573-489-2927 for more information and to reserve your preferred time slot.**

## **American Warmblood Society & Sporthorse Registry**

The performance horse registry since 1983

AWSSR.org

Nancy L. Roth  
DVM, National Director  
info@AWSSR.org



### **FOR SALE:**

2014 Schleese Wave dressage saddle. Super good condition, 17 1/2 inch seat, tree size is 3 but is adjustable. Fair Market value is \$3395, selling for \$3000 **NEGOTIABLE**; will also take payments!! This is such a comfortable saddle and I would love for someone to be enjoying it! Contact Tesa Sterchi 573-819-3773

This newsletter is published monthly by the Columbia Dressage and Combined Training Association.

President: Lora Blair  
Vice President: Rosy Erganian  
Secretary: Beth Hussey  
Treasurer: Amy Stapleton  
Member at Large: Karen Atwill

Questions regarding submissions and content should be directed to Beth Hussey at (573) 808-6897 or [eshussey@gmail.com](mailto:eshussey@gmail.com).

Submissions may be sent via email or mail to 655 North Route O, Rocheport, MO 65279.

Submissions are due by the last day of the month before publication.

Our website is [www.cdcta.org](http://www.cdcta.org) for late-breaking news. Photographs should be submitted in JPEG format.

For membership information, please contact Kim Kriekhaus at (573) 442-3039 or email [kimkriekhaus.wpf@gmail.com](mailto:kimkriekhaus.wpf@gmail.com).

### **CDCTA Newsletter Ad Rates**

#### **Members:**

Classifieds or business card sized ads: free

#### **Non-Members:**

Classified ads: \$5/month Business card ads: \$6/month

Full page ad: \$20/month

1/2 page ad: \$15/month

1/4 page ad: \$10/month

Make checks payable to CDCTA.

## **CALENDAR OF UPCOMING EVENTS:**

**June 8-9, 2019 Queeny Park Horse Trials Ballwin, MO  
Contact Jill Wagenknecht 314-608-4244**

**June 16, 2019 Sunny Oak Charity Fun Show Rocheport, MO  
Contact Rosy Erganian 573-356-3877 Showbill in this issue!**

**June 17, 2019 Business Meeting at Angelo's in south Columbia at 7:30 p.m.**

**June 22-23, 2019 Hunter Derby and H/J Show at Just Cruising Equestrian Center (Formerly Fox Run) Columbia, MO**

**July 13-14, 2019 NEC WDAA Western Dressage Show**

**July 19-21, 2019, KCDS Dressage Show at Longview Horse Park**

**August 10-11, 2019 Longview Horse Park Open Cross Country Schooling**

**August 11, 2019, QPEE Open Cross Country Schooling at Queeny Park Raytown, MO**

**August 24, 2019 Unmounted Education "Movie Night" at Lora Blair's. Look for more information elsewhere in this issue!**

**September 6-8, 2019 Midwest Regional Pony Clubs Games Rally at Longview Horse Park**

**Successful FEI dressage rider/trainer available for lessons/training in Dressage, western Dressage, western pleasure and hunt seat pleasure. Exciting news!! Opening summer 2019 new professional boarding, training and lesson facility. Contact Ann C. McGruder 573-489-1317 (text or call) now to reserve your space!**



# Sunny Oak Charity Fun Show

## To benefit Sunny Oak EAA

June 16, 2019

\$15/class

9AM

Sunny Oak arena  
Helmet required



1. Open Showmanship
2. Lead Line (all ages)
3. Costume (all ages) Prizes for all entries!!
4. Trail
5. Open Equitation w/t
6. Open Horsemanship w/t
7. Open Pleasure w/t

### BREAK

8. Open Equitation w/t/c
9. Open Horsemanship w/t/c
10. Open Pleasure w/t/c
11. Ground Pole Equitation o/f
12. Ground Pole Hunter
13. Ground Pole Hunt the Jump
14. Cross rail Equitation o/f
15. Cross Rail Hunter
16. Cross Rail Hunt the Jump
17. 18" Equitation o/f
18. 18" Hunter
19. 18" Hunt the Jump
20. Ride A Buck



**NOTE NEW DATE: RE-SCHEDULED DUE TO WEATHER TO SUNDAY, JUNE 30. HOPE TO SEE YOU ALL-THERE!**

< flat classes will be divided if more than 5 riders

< concessions available

< questions? Call 573-356-3877

12551 Rocheport Grvl Rd

Thank You for your Support!

CDCTA Meeting May 20, 2019 Angelo's

In attendance: Amy Stapleton, Rosy Erganian, Karen Atwill, Kris Anderson, Bill Wise, Lora Blair, and Kim Kriekhaus.

Meeting called to order 7:30 pm by Lora.

Treasurer's report submitted by Amy Stapleton: Bank account holds \$6365.59. Motion to approve by Kim, second Rosy. Motion carried.

Membership: Kim K. reported. 30 members. Lora is put together a list of barns to receive flyers and assigned members to deliver to these barns. She passed out the flyers to members who agreed to deliver. Brainstorming on other boarding/training barns that we can get flyers to.

Communications: Leah still doing web and the Facebook.

Competitions: Sept. 14<sup>th</sup> CT at Sunny Oak Farm. Lora show manager, Lauren secretary. Tesa and Kim have all the show boxes. The "how to run a competition" book was found. Ribbons at Beth's. The show boxes and book will get delivered to Lora at the next meeting. She will refill and update. Rosy's show is June 16<sup>th</sup> (Sunday). Robyn Armour is the judge. Lots of fun classes, costume, lead line, a trail class, 18-inch and cross rails. Food on site. Looking for volunteers.

Education: Still looking for clinic ideas. Karen Atwill checked on Janice Dulak Pilates. \$2500 for the weekend plus mileage/overnight stays. 10 riders and as many mat participants as we want. Her clinics almost always get a Violet Hopkins grant if applied for. Kim K. will fill out the grant application and see if we can get one. Dates will be determined. Maybe end of Aug or 1<sup>st</sup> of Nov. Could hold this clinic at Stony Hill and Janice can stay there to save hotel costs.

Members discussed and like the Nov. 1-3, 2019 dates. Kim will work on grant. Maybe a Claudia Coley (married name) next year. Unmounted Clinic idea was brought up by Bill. L-program sessions. He thinks a session like this would benefit the Club. These sessions show videos and mounted demos. Kim K. is an L judge graduate. We could create a video presentation; have a showing with Kim's commentary on the riders on the screen. Club members can bring their own videos to show. Lora will host. This will be a seminar-type program. Kim has the On the Levels videos. We will make it like "Movie Night." Bill and Kim will brainstorm on gathering videos. We will hold on Sat. night. The third weekend of Aug. (this will be a meeting too).

Special Events: Trail rides or field trips. We need a host for the holiday party. Kim K. offered as a possible. Awards Banquet: Need a chair to run the banquet. Not hard just booking the restaurant and making sure all set and informing Club members. We would like to poll the members to see if we could do a luncheon instead of at night. Several members really want a day time banquet.

Old Business: none

New Business: At the next meeting we would like to present more information on the Wind Farm project. Need to gather more dates of other events going on. To make the calendar in the newsletter bigger.

Next meeting: June 17<sup>th</sup> an Angelo's. We will skip the July meeting.

Adjourn at 8:34 pm. Kim K motion, Rosy second. Motion passed.

Minutes respectfully submitted by:

Amy Stapleton (standing in for secretary Dr. Beth Hussey)

**Dressage4Kids is a nonprofit 501c3 dedicated to providing educational and competitive opportunities to young riders and the adults who support them. Some of our programs include:**

**TEAM (Training, Education and Mentoring) – for dedicated, determined young dressage riders of all levels, ages 25 and under. TEAM member benefits include educational material; notices about D4K lease horses; eligibility to ride in TEAM clinics with top trainers like Lendon Gray, Lilo Fore, Mica Mabragaña, Felicitas von Neumann-Cosel and Allison Brock; special opportunities such as training with the Hannoverian Verband in Germany; and more. Riders of all levels are encouraged to apply. We would love to set up a TEAM Clinic in your area!**

**Lendon's Youth Dressage Festival – individual and team competition for riders ages 4-21. Division championships feature a three-phased competition: a written test, an individual dressage test, and a group equitation ride. Optional classes also include Musical Freestyle classes, Prix Caprilli classes, Dressage Trail classes, Turnout Inspection, a Handler Class, a Stable Management Challenge, and a Tackroom Decorating Contest.**

**Scholarships – some programs assist youth and young adult amateur riders to enhance their horsemanship skills and competition experience. Other programs provide networking or financial assistance to aspiring and current young professionals to further develop their repertoire of training, coaching, competition, business and stable management skills.**

**Please let me know if you and your members would like more information!**

**Sincerely,  
Mary**



**We are rooting for you  
Gary Owens and R.  
Bowen Loftin-keep on  
keeping on and get back  
to your respective peaks  
of health as soon as you  
can!**

My Schoolmaster Hanoverian chestnut gelding Feragamo, barn name Fritz, is looking for a loving partner, so he can continue to reside in cool Missouri. His owner/partner is moving back to warmer Texas, and Fritz would really prefer to stay here. The Texas bugs also bite him year around. Fritz is 16 years old, 16 hands 1” in height, weighs less than 1200 lbs. and has a very sweet disposition. He was bred in Virginia, sired by Feinbrand, an Oldenburg and a dam called Faberge N., a Hanoverian. He is registered with the American Hanoverian Society and has a life-time record with the USEF and life-time certificate with USDF. He is not bombproof, but he is seldom unnerved about his surroundings. He is well trained and has performed successfully in numerous schooling shows at training through second level dressage and training to first level and pas de Deux freestyle with his current partner. He is easy to sit the trot when on the bit and always fun to canter. He is amateur friendly and could make a great lower level school horse. We have been partners for nearly 9 years. He also enjoys trail riding through the woods, especially with friends and prefers to jump small creeks, instead of walking through the water. He is not a jumper due to his weakened suspensory ligaments that are controlled by medication. I am only asking \$4950 for him. He is boarded at Mid-MO Riding Center, and I invite you to come out and ride him. Please contact me through FB messenger or email me at [loftink@missouri.edu](mailto:loftink@missouri.edu), if you would like to meet and ride Fritz.

(PHOTO BELOW)



# COLUMBIADCTA

## DRESSAGE & COMBINED TRAINING ASSOCIATION

Beth Hussey  
655 North Route O  
Rocheport, MO 65279



**NEXT MEETING: NO MEETING IN JULY! Instead, join us for the August Movie Night unmounted educational event! Details inside this newsletter.**

### Columbia Dressage & Combined Training Association 2019 Membership Form

*CDCTA is a United States Dressage Federation (USDF) Group Member Organization (GMO). By joining CDCTA you are becoming a Group member of the USDF. \$20 of your CDCTA dues are forwarded to the USDF as GMO membership dues. (\$11 for additional members in family)*

Membership year runs December 1-November 30. Dues are payable in October.

**Individual Membership:** \$38.00/year

**Family Membership:** \$38.00/year plus \$23.00 for additional member residing at same address. Please list all members included (use additional sheets if needed).

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone Number (s) \_\_\_\_\_

E-mail \_\_\_\_\_

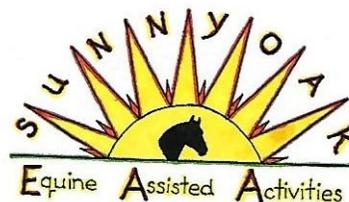
NOTE: We send our monthly newsletters out by email. Please check here if you would prefer to receive a mailed copy. \_\_\_\_\_ Did someone refer you for membership? \_\_\_\_\_

*I am We are occasionally asked to share our membership list with persons or corporations with items of possible interest to our members.*

*Please circle one: DO DO NOT include my name on this list.*

Make check payable to CDCTA and mail to:

**Kim Kriekhaus, Membership Chair**  
2202 West Williams Road  
Sturgeon, MO 65284



573-356-3877  
12551 Rocheport Grvl Rd  
Rocheport, MO 65279



- Therapeutic Riding Lessons
- Therapeutic Summer Camp
- Volunteer Opportunities

thesunnyoak04@gmail.com



501(c)(3) non-profit

www.thesunnyoakfarm.com