

Direct Rein

Volume 16, #9

CDCTA Newsletter

SEPTEMBER 2019

A Partnership of Silent Communications

Verbal communication is not all that it's cracked up to be. It's way too easy and often quite noisy, rude or carelessly expressed leaving doubt and confusion in the listener. Sometimes your words fall on deaf ears. I relish the silent communication with my partner. There is nothing more relaxing than walking together through the woods enjoying the aroma of cedar trees, grass and blooming honeysuckle and spying a dashing squirrel or rabbit in the underbrush. When we see a herd of deer in the open field or a few grazing about in the distance, we stop to enjoy the frolic of the fawns and the does keeping watch over them. Usually, the deer just stare back at us or scoot safely into the woods. If one were to suddenly appear in our path, our reaction would undoubtedly be "Oh, my," and freeze on the spot, or bolt around in the opposite direction.

My scariest experience, however, was the ghostly Jackass affair. We were traveling with my buddy, Tuck, along Fox Run's mostly deciduous wooded trails. As we leisurely descended a curvy hill to the creek, I caught a vision of something whitish-grey in the pasture next to our path. Before I knew it, it ran toward our fence. I stopped abruptly in the path just to look at this strange creature, much smaller than myself and filthy as a pig having wallowed in mud. My partner encouraged me to continue down the hill very slowly. I was acquiring confidence as we proceeded toward Tuck and his partner Chris, who were waiting at the bottom of the hill. The ghost and I just stared at each other, and suddenly, it opened its big mouth and out came a loud out-of-tune brassy sound that would scare the bravest of equines. I am not sure why Tuck didn't recognize the danger and race up the hill to follow me. Suddenly I felt my partner apply the bridle brake, and I stopped half-way up the hill. Fortunately for all of us, we decided not to face this horrible beast again today. We would save it for another time.

Generally, during most trail rides, the greatest excitement was just walking through a water-flowing creek, over rocks, around boulders and fallen tree trunks. I sometimes didn't want to get my hoofs wet, and I would run through the creek. My partner was quick to slow me down by putting on the brake again to remind me not to race through the creeks. Crossing them repeatedly generally helped me get used to the uneven rocky footing. During the hot steamy summer, I even enjoyed a cool drink or just chilling out in the refreshing water.

I learned over the years that my partner was very competitive; initially we entered every local show and twice a year or so a bigger regional horse show not to mention a clinic or two. I like the change in scenery and the constant attention of my partner. Only the big stables have attendants who travel with the horses and assist in feeding and grooming them. We did not have that luxury. The accommodations were generally very comfortable with fresh woody-smelling shavings in each stall, hay ad libitum, and the presence of other horses all around.



The events during the show have become very routine but not without some drama on a few occasions.



We have come a very long way, since our first meeting in Virginia in the summer of 2010.

I was grazing as usual in my paddock, when my original owner came and placed a halter and lead rope over my head and led me back into the barn. It was a cloudy and cool VA morning. I was greeted with a smile and a treat

as my owner introduced me to an older woman, named Karin. She was very excited to meet me, petting me and talking to me. My owner began to groom me and discussed the grooming routine with Karin. My official name is Feragamo. I can't seem to recall my barn name back then, having been called Fritz for the past 9 years.

After I was saddled and led into the indoor riding arena, my trainer mounted and rode me for about 15 minutes warming me up. Then my trainer handed the reins over to Karin, who was joined by her friend, Donna. I could tell right away that Karin was a less experienced rider than my trainer. As she was riding me, she and Donna encouraged her and made suggestions to help improve her ride. Everyone was very concerned about the habit of lolling my long pink tongue out of my mouth. It never happened with my trainer, because she had very soft touch with the bridle and knew how to engage my hind legs. Even when Donna rode me, my tongue popped out. It was just more comfortable hanging out, always on my stiffer right side. If I was a little nervous, I would even chew my tongue as it was protruding out. Both my trainer and owner thought that as Karin's riding improved, the tongue lolling would lessen and even cease. Little did they know or admit that this habit was almost never correctable, and unfortunately, it was considered a terrible flaw by the judges during horse shows. The judge could deduct 1 or 2 points for each movement of the test, when the tongue was visible.

I tried hard to keep my tongue in; then again, what was the big deal anyway? I did feel a little bad about it. Karin over the years tried many different bits, a special bridle, tying the tongue in practice like with race horses and saddlebreds, which was not allowed in a dressage show, and just reminding me to keep it in my mouth. Nothing really worked. I could unfasten my tied tongue in a short time spitting out the string; I have a very talented tongue. It was really gross the way Karin practically had to stick her whole hand in my mouth, twist my tongue and tie it under with a string. Yuck. It wasn't very comfortable for me either. Who was the jerk that invented that technique?

I am getting ahead of myself. Before I knew it, I was put in a trailer for two days and hauled to Texas. I tell you what, when I finally was released in my new paddock, I raced around and around for at least 10 min. It felt so good to be free.

Submitted by Karin Loftin (part of a multi-part occasional reminiscence on owning Fritz)

ATTENTION: PROPOSED EXTRAORDINARY BYLAWS CHANGE TO TAKE EFFECT FOR THE 2019 AWARDS YEAR!!

If you are in the running for an award this year, or even if you are not, please come to our September CDCTA meeting on Monday, September 23 at Stony Hill Farm at 7:00 p.m.

Several members have expressed concern that the requirements for the Combined Test Awards Division are a little too hard to meet, given that the number of combined tests available in the area is relatively small. Currently the bylaws require a minimum of three combined tests at the level of competition. This is one more than is currently required in the bylaws for the Horse Trials division, and members felt that it would be easier for people to qualify if the minimum number of competitions for the combined test division was dropped to two.

The proposed change will affect the most recent bylaws revision, which was completed in March of 2012, and it will affect only the section entitled Combined Test Awards, Section F, which currently reads:

F) To be eligible for year-end CDCTA awards the horse/rider must volunteer a minimum of six hours for CDCTA and complete a minimum of three (3) combined tests at the level of competition during the award year.

The proposed change would now make this section read as follows:

F) To be eligible for year-end CDCTA awards the horse/rider must volunteer a minimum of six hours for CDCTA and complete a minimum of two (two) combined tests at the level of competition during the award year.

In order for this change to take effect for THIS competition year, Article VII of our bylaws states that any proposed amendment must be approved by a majority of board members (this requirement was met during a special meeting of Lora Blair, Amy Stapleton and Beth Hussey), and then published in the club newsletter prior to being voted on at the next regularly-scheduled meeting. A simple majority of club members present shall be sufficient to ratify the amendment.

Although the special meeting did not take up any other issues, one thing that had also been brought up was the idea that the six hour volunteer commitment might be too hard to meet. If this is something you feel strongly about, it's possible that we could be talking about it at this next meeting as well.

So come make your voice heard! Once again: we will be meeting at Stony Hill Farm at 7:00 p.m. on Monday evening, September 23. CDCTA is providing the pizza, you bring your own preferred beverages and your voting shoes!

CALENDAR OF UPCOMING EVENTS:

September 22, 2019 AWSSR Inspection at Trinita Farms, Labadie, MO

September 23, 2019 CDCTA Business Meeting at Stony Hill Farm 7:00 p.m. IMPORTANT BYLAWS CHANGE VOTE!! BE THERE!! More info elsewhere in this newsletter....

November 8-10, 2019 Janice Dulak Pilates for Dressage Clinic sponsored by CDCTA Stony Hill Farm, Columbia, MO Entry form in this newsletter

November 23, 2019 (Tentative date) Cosmic Oaks Farm Free Dressage Schooling Show Rocheport, MO Look for entry form in October newsletter!

November 24, 2019 NEC Dressage Schooling Show Series Lake St. Louis, MO

November 30, 2019 Scores are due for 2019 CDCTA year-end awards to Judy Owens violet3@centurytel.net

December 4-7, 2019 USDF Annual Convention Savannah, Georgia

Successful FEI dressage rider/trainer available for lessons/training in Dressage, western Dressage, western pleasure and hunt seat pleasure. Exciting news!! Opening summer 2019 new professional boarding, training and lesson facility. Contact Ann C. McGruder 573-489-1317 (text or call) now to reserve your space!





The most experienced dressage instructor in Columbia is hitting the road!

Lessons at your barn, on your horse are now available.

Contact Liz Hotchkiss 573-489-2927 for more information and to reserve your preferred time slot.

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Nancy L. Roth
DVM, National Director
info@AWSSR.org



This newsletter is published monthly by the Columbia Dressage and Combined Training Association.

President: Lora Blair
Vice President: Rosy Erganian
Secretary: Beth Hussey
Treasurer: Amy Stapleton
Member at Large: Karen Atwill

Questions regarding submissions and content should be directed to Beth Hussey at (573) 808-6897 or eshussey@gmail.com.

Submissions may be sent via email or mail to 655 North Route O, Rocheport, MO 65279.

Submissions are due by the last day of the month before publication.

Our website is www.cdcta.org for late-breaking news. Photographs should be submitted in JPEG format.

For membership information, please contact Kim Kriekhaus at (573) 442-3039 or email kimkriekhaus.wpf@gmail.com.

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CDCTA Newsletter Ad Rates

Members:

Classifieds or business card sized ads: free

Non-Members:

Classified ads: \$5/month Business card ads: \$6/month

Full page ad: \$20/month

1/2 page ad: \$15/month

1/4 page ad: \$10/month

Make checks payable to CDCTA.

CDCTA Business Meeting Agenda
Date - 8-24-19 **Location - Blairs' house**

Call to Order - 7:10 pm. Great attendance (Teri Vititoe, Judy Olcott, Judy and Gary Owens, Rosy, Lora, Mackie, Lauren F., Ali H., Jojo K., Marian M., Kim K., Tesa S., Liz, Jan T., Helen Jameson,

Approval of last minutes - from June mtg. And in July Newsletter

Treasurer's report -

Current balance 6245.48, checks this month were for printing/mailling newsletter costs and \$25 to MHSA for Fall show
Fundraiser? -Amy can make note cards to sell. Send photos to her!! Amy@missourilife.com

Membership report - anyone not receiving newsletter, email kim - kriekhausk@gmail.com (use this one!)

Dues due when? For 2020 dues due by Nov. 30 to Kim K.

Dues increase? Kim moved to raise 2020 dues to \$45/individ. And Family \$45 and \$30 for additional member(s). Rosy seconded. Motion passed.

Communications - reminders -

Send docs to disperse to Leah for FB and Website. PDF preferred.

Send articles and calendar dates, etc. to Beth for newsletter AND share our newsletter with SLADS and KCDS (contacts ?)

Competitions -

Fall Dressage & CT - Sat. Sept. 14 @ JCEC. Entries due to Lauren Fritz by Sept. 10! New bridle tags arrived, \$45/100. Tesa send receipt to Amy for reimbursement.

Beth, are ribbons and prizes ready?

Sign up on Volunteer List passed around - Judy O., Bill W., Karin L., Teri V, Rosy E., Helen J. STILL NEED A FEW MORE PLEASE so we can divide into am and pm shifts.

VERY important that all complete entries get to Lauren Fritz by Tues. Sept. 10 at the very latest. Kim will judge both Dressage and Stadium Jumping (\$250 fee), Facility fee is \$200 + \$100 for course design = \$300 to JCEC.

Lauren Fritz will revise show bill with schooling round rules/cost and late fee cost!

Other - Since not very many shows offered in the area, can we reduce both CT and Dressage requirements for the CDCTA Awards? Discussion. Rosy motioned - for 2019 awards change CT to 2 (one cdcta) and Judy Olcott seconded. Motion passes. Karin L motioned to reduce dressage 2019 requirements from 6 to 4 tests (same other rules) Tesa seconded. Motion passes.

Education -

Unmounted - Aug. 24th meeting/Movie Night, Dressage levels discussions via videos. Great attendance and lots of food, drinks, fun, discussions and videos. Kim was very informative at dictating what we were watching on the Dressage Tests videos.

Mounted Clinic- Janice Dulak Pilates for Dressage, Nov. 8-9-10 at Stony Hill. Need grant approved before we can send out flyer with cost (Kim K.)

Special Events -

Trail rides/field trips - ? Jojo said maybe she could have a trail ride event....

Holiday party - Kim K. Still willing. Date?
Awards banquet - Ali A. - several would like to try a
Sunday 2-4:00 this year at D. Rowes, hopefully early Jan. Judy Owens still doing awards

Dates to Remember -

August 30 - USDF Region 4 Volunteer of the Year nominations due!!
Sat. Sept. 14 - CDCTA Fall CT and Dressage Show @ JCEC (Entry deadline is Sept. 10)
December 4-7 USDF 2019 Annual Convention - The Westin Savannah Harbor Golf
Resort and Spa, Savannah, GA. Anyone available to go as our delegate? Kim K. Is going as
Region IV delegate and would welcome another as our GMO delegate. Lora considering. Anyone else
interested?

Old business -

New business -

Kim K. Motioned to approve getting a By-Law committee to address/revise a few by-laws if needed.
Rosy seconded. Motion passes. Discussion - must post revisions by deadline stated (before election
meeting) Committee is - Judy Olcott chair, Kim K., Lora, Judy to ask another member....

Next meeting - (Lora cannot on Mon. Sept. 16) so Mon. Sept. 23 ? YES Sept. 23 at Liz's house!! Thank
you for hosting, Liz.

Adjourn_ 8:15 and it's SHOWTIME.....

A BIG THANK YOU TO ALL OF THE PEOPLE WHO HELPED OUT WITH THE CDCTA FALL SHOW!

**As of press time results were still being finalized; but they will be
printed in full in the October newsletter, along with High Score and
Best Overall Score and TIP winners.**

Special thanks to Lauren Fritz in her inaugural stint as show manager-everyone agreed she did a great job! Thanks also to Lora Blair and Tesa Sterchi for filling out the show management crew, and for JoJo Kyger of Just Cruising Equestrian Center for the use of her great facility.

**If you have some great photos from the show, why not send them
along so we can include them in the newsletter too? Email them to :
eshussey@gmail.com.**

Pilates for Dressage Clinic with Janice Dulak

www.pilatesfordressage.com

Nov. 8, 9, and 10 at Stony Hill, Columbia, MO

About the Clinic:

- *Pilates for Dressage^R* will systematically and effectively teach riders how to improve their skills with Janice's defined set of principles for riding.
- The Clinic begins at **6:00 Friday night, Nov. 8th** with Janice Dulak's (horseless) powerpoint lecture based on her book "Pilates for the Dressage Rider." This provides an excellent introduction to the history and theories of Joseph Pilates which are the foundation for *Pilates for Dressage^R*. (signed upon request) Janice will define the principles of body awareness and control that are essential to being an effective rider. This lecture will take place during a Pot-Luck dinner for all participants in Liz's home at Stony Hill. Please bring a dish to share, not necessarily a side.
- On **Saturday and Sunday, 9 to 11 am**, Janice will lead participants in *Pilates for Dressage^R* mat work – exercises specifically selected to find the musculature essential for riding. This two hour class instills the Pilates mat work into *Pilates for Dressage^R* principles that will guide the rider toward better body use for improved riding. This class will take place in Liz's house or in the indoor arena, using tarps and mats. **Please bring a personal mat if you own one.** If you are hauling in your horse, we will give you details of where to park your rig and your horse during the mat work. There will be at least 4 stalls available (@ \$20/night) for clinic riders who live farthest away! Stalls will be self-care and bring your own bedding, buckets, feed and hay.
- On **Saturday and Sunday, (after our Lunch Break) 12:00-5:45** -Janice will instruct mounted riders in semi-private 45 min. lessons (if you've never ridden with her) or 30 min. private lessons (if you have ridden with her before) , maximum of 10 riders per day. Riders will now have the challenge of applying what they learned in the morning session while they are in the saddle. The focus of the mounted sessions will include: correcting posture and seat position; learning to affect the horse with the body in halting, half halting; finding a more effective way to post and sit the trot; how to influence correct bend in a horse; and much much more!
- More than exercise, fitness or conditioning, Janice Dulak's *Pilates for Dressage^R* will change the way you ride for harmony and partnership like you have never experienced! Come join us for an educational and fun-filled weekend!

Cost and what to bring:

* Entire workshop cost - \$275 (includes Fri. lecture/pot-luck, Sat. mat work and mounted lesson and Sun. mat work and mounted lesson!) **CDCTA Members are \$250.**

* Participating Auditor cost - \$75 (includes Fri. lecture/pot-luck, participating in Sat. and Sun. morning mat work, and observe/audit rides) **CDCTA Members are \$50.**

* Auditors should bring a **chair and a mat.**

- No outside dogs. Try to trailer pool. Limited stabling.
- Bring a dish to share Fri. night, bring your own lunch for Sat. and Sun.(unless we decide other plans), and a mat if you own one (Lora will have some). More details later. And of course your tack room sink, and your horse, don't forget your horse.
- **All registrations must be received by Oct. 30th, 2019. Signed release, this registration form, current neg. coggins copy, and check payable to CDCTA. Send ALL to Karen Atwill, 3300 West Arbor Way, Columbia, MO 65203**
- No refunds after Oct. 30th (unless we can easily get a substitute from the wait list).

Registration:

Name: _____ Email _____

Address: _____

Phone: _____

Emergency Contact: _____

Horse Name: _____ Breed: _____ Age: _____

Rider/Horse experience/
level: _____

Special issues or requests: _____

_____ Entire Workshop Participant: \$275 or _____ CDCTA member \$250

_____ Participating Auditor: \$75 or _____ CDCTA member \$50

_____ TOTAL ENCLOSED to CDCTA

_____ I need stabling for _____ Fri. Night \$20 + _____ Sat. Night \$20 = _____

Stabling check should be payable to Stony Hill !!

_____ TOTAL ENCLOSED to Stony Hill

I hereby enter this Pilates for Dressage Clinic accepting full responsibility for any injuries or loss that may result from my participation in this horse riding activity. I recognize that horse sports involve inherent dangerous risk or serious injury or death and by participating I expressly assume any and all risks of injury or loss. I agree **not** to hold the clinician Janice Dulak, Stony Hill, CDCTA, or any of their employees or agents responsible for any injury or loss suffered during or in connection with this clinic.

Signed: _____
date: _____

Helmets and boots always required when riding at Stony Hill.

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- **Send ALL to Karen Atwill, 3300 West Arbor Way, Columbia, MO 65203**

For organizer:

_____ registration
_____ signed release
_____ current coggins copy
_____ check for stabling _____ to Stony Hill
_____ check for clinic _____ to CDCTA



**Happy
Fall!!!**

COLUMBIADCTA

DRESSAGE & COMBINED TRAINING ASSOCIATION

Beth Hussey
655 North Route O
Rocheport, MO 65279



NEXT MEETING: September 23, 2019 7:00 p.m. at Stony Hill Farm. Come and vote on our bylaws change for THIS AWARD YEAR!! Make your voice heard!

Columbia Dressage & Combined Training Association 2019 Membership Form

CDCTA is a United States Dressage Federation (USDF) Group Member Organization (GMO). By joining CDCTA you are becoming a Group member of the USDF. \$20 of your CDCTA dues are forwarded to the USDF as GMO membership dues. (\$11 for additional members in family)

Membership year runs December 1-November 30. Dues are payable in October.

Individual Membership: \$38.00/year

Family Membership: \$38.00/year plus \$23.00 for additional member residing at same address. Please list all members included (use additional sheets if needed).

Name(s) _____

Address _____

City _____ State _____ Zip _____

Phone Number (s) _____

E-mail _____

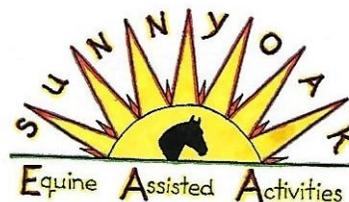
NOTE: We send our monthly newsletters out by email. Please check here if you would prefer to receive a mailed copy. _____ Did someone refer you for membership? _____

I am We are occasionally asked to share our membership list with persons or corporations with items of possible interest to our members.

Please circle one: DO DO NOT include my name on this list.

Make check payable to CDCTA and mail to:

Kim Kriekhaus, Membership Chair
2202 West Williams Road
Sturgeon, MO 65284



573-356-3877
12551 Rocheport Grvl Rd
Rocheport, MO 65279



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