

# Direct Rein

Volume 18, #3

CDCTA Newsletter

SEPTEMBER/OCTOBER 2021

## THE WHEELBARROW LOAD

### Unsung heroes....

I admit that this is a very spoiled-sounding thing to say, but it has been a long time since I had to do all of the barn chores by myself.

I did not grow up on an estate where stableboys handed me my tacked-up horse or anything like that. I fed and cleaned up after my pony PeeWee obsessively, and I was a pony clubber, so you know what that means. The dreaded demerits for any deviation from the perfectly groomed and cared-for mount!

But I have gotten used to having someone clean my stalls. Feeding I enjoy, although I sometimes have to sling the pellets into the buckets on the run and give a cursory ear scratch to Carmine the cat before I jump back in the car and head to some obligation or other. I throw hay and fill water buckets without complaint, mostly; I hold horses for the farrier and for veterinary visits; I groom them and exercise them and make sure their environs are safe and secure.

But I really don't like cleaning stalls. I do, however, truly love a clean and neat stall, with fresh shavings and no stray manure bits. It is much the same with gardening for me. I love a well-tended and beautiful garden but I don't like the actual gardening tasks. I have been fortunate then to have people who help me with both of these...but gosh darn it sometimes those people need to go on vacation and then I have to do this stuff. In August, which is the hottest month of the year and the worst for getting poo-drift and hay bits stuck all over your sweaty body.

My barn angel was gone for four weeks, so it was a slog. Because I am still living in Rocheport exile, with my new house still a distant dream, I had to make it back and forth to the barn to feed my beasts twice a day and either wait for them to finish eating so I could get them back out (less stall cleaning that way!) or make yet another trip back to let them out later, it really seemed like it was six months. Thank goodness for other barn angel Amy, who helped me immensely by letting them out after they ate in the morning and saving me a fourth trip daily.

I toted bags of feed and hay bales and kept everything going as best as I could. The stalls were never too gross, and my fly control program kept those pests from getting out of control, but I have never been so happy as I was on August 30. Mark returned that day for his regular hours, and when I came by to feed after work my stalls were immaculate, with a clear demarcation of shavings two feet from the stall door (so they don't get tracked into the aisle!) and sparkling clean feed tubs and filled water buckets, hay at the ready in the corners underneath the horses' fans. The tack room, which had been pushed waaaaay down my priority list, was vacuumed and dusted and all of Carmine's dishes cleaned. It was like stepping into a horsey dream!



If you keep your horses at home you know how hard it is. If you board your horses, or have someone help you with the chores at home, take the time to thank these people without whom none of us would ever have to time to ride! You don't know how much you would miss them if they didn't-trust me!

*Until next time-Beth Hussey*

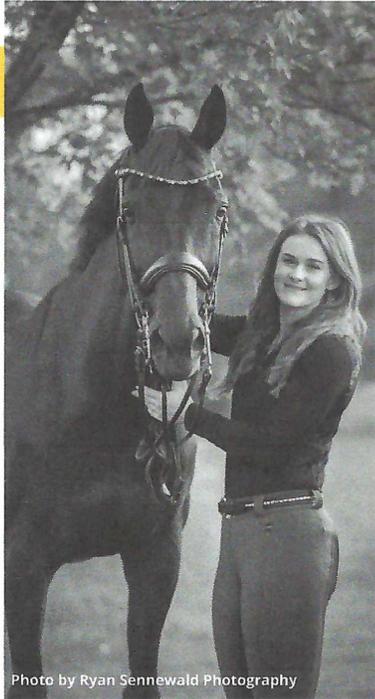


Photo by Ryan Sennewald Photography



Photo by Susan J Stickle

# THE DRESSAGE FOUNDATION

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### *Grant categories include:*

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## The Dressage Foundation

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## MINUTES FROM THE CDCTA BUSINESS MEETING AUGUST 23, 2021 HELD AT GRAND CRU RESTAURANT

In attendance: Beth Hussey, Anne Borgmeyer, Kim Kriekhaus, Sarah Hansen, Alison La Carrubba, Anna Clark, Leah Strid, Stacey Collier, Lora Blair, and Rosy Erganian

Meeting called to order at 7:18 p.m. Minutes from previous meeting held July 19th, 2021 at Lora Blair's house were presented for approval; motion was made by Kim to approve, Leah seconded, and motion passed unanimously. Thanks to Audrey Plummer for taking minutes in Beth's absence!

Treasurer's report: Amy reported that our current balance is \$6811.15, not including donations to the Liz Hotchkiss Memorial fund, which currently totals \$260. Lora appointed an ad hoc committee tasked with deciding how the donations should best be used to honor Liz's memory; the members of this committee will be Alison LaCarrubba, Beth Hussey and Stacey Collier. Lora asked that this committee meet sometime in September or October to start hammering out details. Since the board was unsure if an ad hoc committee needed to be voted on by the membership to be established, Kim moved that such a committee be formed with the above members; Leah seconded that motion and it passed unanimously.

Membership report: Kim reports that we have 34 paid members; Lora reminded people to make sure that Kim and Beth need members' emails in order to receive email updates and the newsletter. Officially dues are now past due for 2021 but we are accepting memberships for 2022. For clarification, USDF group membership (what you get when you join CDC-TA) allows you to compete in certain USDF competitions and at certain levels in USDF/USEF competitions; enables you to compete for USDF rider awards; and gets you discounts from many USDF equine business partners.

Communications committee: Francis Stone, wife of longtime local horse trainer and farrier Jerry Stone, and mother of current farrier Kurt Stone known to many CDCTA members, has passed away. CDCTA will send a sympathy card to the family; Karen Atwill, current CDCTA member and previous board member/volunteer/show supporter has broken her leg in a non-riding horse accident and we will send a get well card to her with all our best wishes.

Leah Strid, CDCTA webmistress, would like to start a trainer/instructor directory and place it on the website and perhaps on our Facebook page. Rosy moved to do so but no second was immediately forthcoming and significant discussion ensued; the idea evolved into including a general equestrian directory suggested by Kim. Kim asked if Rosy would accept a friendly amendment to her initial motion and Rosy agreed; then Kim seconded the amended motion and passed unanimously. Beth will put something in the newsletter about the directory to give everyone who wants to be included the opportunity. Leah also brought up the idea of a dedicated CDCTA email address to help with general questions, etc. since Facebook does not meet the needs of all of our members.

GMO AWARDS: Lora reminded the club that it was time to nominate member of CDCTA for USDF awards for our region and overall; and also mentioned for newer members that Leah Strid won the 2019 Website Award in our division for CDCTA. No awards were applied for in 2020, but Beth will send in nominations in all the categories we are eligible for by the deadline of August 31st for 2021 awards. A separate handout was passed around with information about the awards and the nomination process; anyone with ideas for nominees should contact Beth.

Lora also about the various scholarships and awards that are available through The Dressage Foundation; these are very valuable monetary gifts and several CDCTA members have won them in the past. Most deadlines are in September for those funds.

Shows: Realistically, planning any further shows for 2021 will not be feasible...but it is not too early to start planning for 2022 shows. However, because of the lack of 2021 shows there has been very little chance for people to qualify for awards this year. Beth moved that we suspend the awards program for 2021; Kim seconded and the motion passed.

Education: Lora wants suggestions for programs and clinic ideas, and will use Survey Monkey to try and get a feel for what members want. She suggested an unmounted program, perhaps a barn tour or demo from one of our members at a future meeting somewhere. Other ideas she threw out were another movie night; a barn/farm tour; or a demonstration from the Pony Club that might help them practice for future competitions. Despite the pandemic, CDCTA was able to hold two clinics: the Meghan O'Donoghue eventing clinic July 25-25, 2020 and the recent Stacey Collier dressage clinic August 14, 2021.

Other clinic ideas suggested by Lora for the next year include freestyles, quadrille, Western dressage, and Pilates clinics. Interest has also been expressed about sponsoring an adult dressage camp.

New business: The idea of doing another CDCTA calendar as a fundraiser was brought up; Sarah Hansen agreed to look into possibly doing that again. There was discussion about upcoming holiday events; traditionally the club has held both a Christmas party social event in December and the annual meeting and awards banquet in January. Because of an abbreviated show season and ongoing concerns about COVID exposure, as well as the potential for bad weather it was suggested that an "end of year" party be held in January 2022 that would combine the two events; there was general support for the idea but more ideas need to be discussed.

## MINUTES OF THE AUGUST CDCTA MEETING, PAGE TWO

A committee needs to be set up to discuss the particulars: Lora suggested Anne Borgmeyer, Ali Aitken and Rosy Erganian but due to time constraints this was tabled until next meeting. A side comment: many people were impressed by the facilities and food at Grand Cru and considered maybe holding the two-in-one event there.

Old Business: The Stacey Collier clinic was small (eight happy riders!) but very well-received, with lots of enthusiastic auditors. Lots of positive feedback!

Don't forget Lauren Fritz's community equestrian calendar! She is the admin for this very comprehensive listing of all local events in almost every discipline. <https://teamup.com/kssmsgg2cesujpgy2d2>. And remember to send dates to Beth for the newsletter!

Next meeting was set for Sunday, September 19th at Stony Hill Farm with Stacey Collier hosting a barn tour after the business meeting.

Beth moved to adjourn, Kim seconded, and the motion passed. Meeting adjourned at 8:42 p.m.

Respectfully submitted, Beth Hussey



### **PHOTO AT LEFT:**

**Dr. Cindy Russell, longtime CDCTA member rides her newest equine partner, Rowena, at the recent SLADS Dressage Show at the National Equestrian Center in Defiance, Missouri.**

**[Editor's note: I was fortunate enough to be on hand to watch this talented pair in their winning training level ride! She is a gorgeous mare and suits Cindy so well! Photo by me]**



**WINNER WINNER CHICKEN DINNER!!**

**We have a winner for the Mystery Horse Trainer photo from the August newsletter!**

**Cindy Russell (now Lippincott) correctly guessed that the tattered newspaper article featured none other than local horse trainer and farrier Jerry Stone.**

**Jerry is now retired from both professions but still alive and well, and his son Curtis has followed ably in his footsteps. For her correct guess Cindy won a bar set of wine opening implements, which I can only imagine will be put to good use.**

**The challenge for this month:**

**Some happy Pony Clubbers in the early days of the Hinkson Valley club. This is from another old newspaper I found post-fire. Send me your best guess for one or both of the girls in this photo and if you are the first correct one I receive, you will win...well, something I can find laying around here but**

**I promise it will be cool!**

**eshussey@gmail.com or 573-808-6897**

Sept. 19, 2021 CDCTA Meeting at Stony Hill Farm followed by a barn and property tour.  
IN attendance: Amy Stapleton, Lora Blair, Judy Owens, Anne Borgmeyer, Bill Wise, Anna Clark, Josette Clark (for Abbey Clark), Ali Aitken, Audrey Plummer, Stacey Collier, Lauren Klenklen, Michelle Klenklen, Karen Atwill, Jan Tracy

Called to order at 2:15 pm

Tabled approval of minutes from last meeting

Treasurers report: \$6580 in the bank. Board members approved Amy setting up the savings account to house the donations for the Liz Memorial Fund.

Memorial Fund Committee: Scholarship instead of perpetual trophy. The committee will meet to hash out how to apply the funds

Membership: No current report. Last meeting 33 members. With the 2022 dues we will end the COVID-19 relief and go back to the old form at full price. Membership form will be in the newsletter. 2022 dues are due now.

Cards were sent by Lora to Curtis Stone (his mom died). And to Karen Atwill who broke her leg. She filled us in on what happened. She got kicked by her horse. Not his fault, she said!

Website: Amy will take care of Register.com for our website and write a check to reimburse. Leah Strid is working on a trainers directory for the site. And Survey Monkey. Leah applied for the gifted award for GMO. Beth is doing other nominations.

Lora brought up a possible place for our donation. Should we donate to the Dressage Foundation. Discussion. Stacey discussed what happens if you do a scholarship with the Dressage Foundation. We decided that we should do our annual donation to a local place.

Competitions: For 2022, Round To It (JoJo) is available. There is interest in a dressage and combined training schooling show. Maybe dressage on Sat. and combined training on Sun. Lora will ask JoJo. Who will run it? Stacey will help and we will check with Lauren Fritz. Maybe judge could be betsy Jacobi or Claudia Coley. Need to find dates for next Spring. Clinic ideas: Freestyle, quadrille, western dressage. A quadrille for fun clinic with Kim K. Maybe do a poll to see who would be interested in western dressage. Discussion on Freestyle. Does not seem like that is something we could do. Discussion on Bio-mechanic human/horse with Tyler Stahlman, chiropractor, and Lindsey Culver trainer. Lauren will check on this. Bill Wise had a few questions about how to qualify at freestyle. More discussion. If we do schooling shows or clinic all can participate.

Eventing Competitions: Crystal at Mid-Mo Riding Center is doing those. Meghan O'Donoghue clinic in 2020 did well for CDCTA.

Group Trailride: Amy will ask her neighbors if they would be interested in taking us. They are very familiar with Rudolph Bennett, where we discussed going.

Calendar on our website. TeamUp.com. Send information to Beth and Lauren if you have things going on.

USDF Convention: Virtual again this year. Lora said the virtual convention is good because more members can participate.

Old Business: Sarah is doing the printed calendar. Send her images. [drsarahhansen@gmail.com](mailto:drsarahhansen@gmail.com). She is trying to get sponsors. Amy can send them tax donation form after they donate.

End of Year Party: Just a party, no awards. Maybe at grand Cru in Jan. 2022. We could do a fun white elephant or ugly sweater and Muck Bucket gifts.

Elections 2022: Nominating committee needed.

Adult Camp: Tesa and lora will explore Camp checking with SLADs and KCDS. Asking William Woods possible 2022 or 2023. Or so we look at a smaller camp done locally. Discussion.

MU Vet Expo is Oct. 1, 2021. Lora will post the information on our Facebook page.

Next meeting: Lora will ask around and see who wants to host 3rd week of Oct.

Motion to accept all parts of the meeting as presented. Anne Borgmeyer, 2nd by Josette.

Adjourn 3:08 pm

Respectfully submitted by Amy Stapleton, standing in for Beth Hussey.



This newsletter is published monthly by the Columbia Dressage and Combined Training Association.

President: Lora Blair  
Vice President: Rosy Erganian  
Secretary: Beth Hussey  
Treasurer: Amy Stapleton  
Member at Large: Kim Krieckhaus

Questions regarding submissions and content should be directed to Beth Hussey at (573) 808-6897 or [eshussey@gmail.com](mailto:eshussey@gmail.com). Submissions may be sent via email or mail to 655 North Route O, Rocheport, MO 65279.

Submissions are due by the last day of the month before publication. Our website is [www.cdcta.org](http://www.cdcta.org) for late-breaking news. Photographs should be submitted in JPEG format.

For membership information, please contact Kim Krieckhaus at (573) 442-8493.

#### CDCTA Newsletter Ad Rates

##### Members:

Classifieds or business card sized ads: free

##### Non-Members:

Classified ads: \$5/month

Full page ad: \$20/month

1/2 page ad: \$15/month

1/4 page ad: \$10/month

Business card size ad: \$6/month

# HORSE OWNER SEMINAR: KEEPING HORSES HEALTHY

OCTOBER 2, 2021

You are invited to the Horse Health Seminar Series and Open House, **Oct. 2, 2021**, at the University of Missouri College of Veterinary Medicine Adams Conference Center in Columbia. Join us for a series of educational talks covering a range of equine health topics. We will also offer tours of the Equine Hospital.

The Missouri Veterinary Medical Board has approved **5.5 hours of continuing education** credit for veterinary technicians.

Cost is **\$20** for general participants or **\$50** for CE credit.

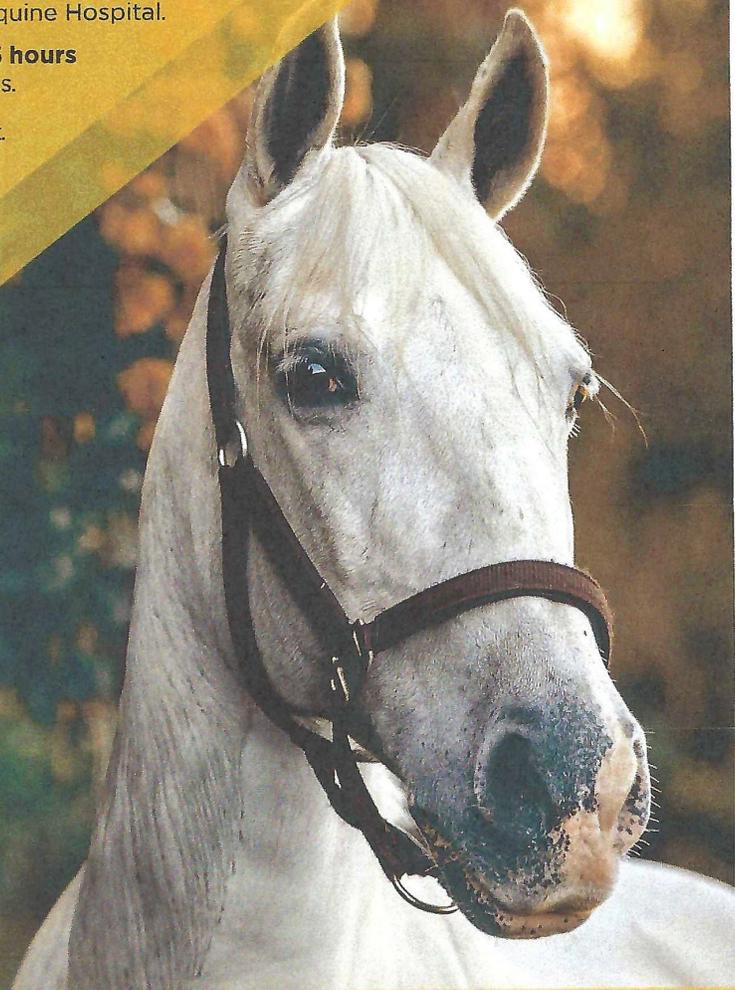
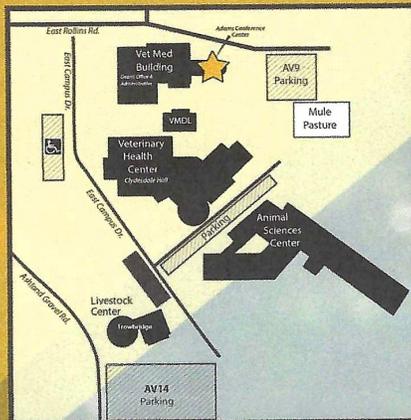
Register online:

<http://cvm.missouri.edu/equine-health-seminar-2021>

or contact Laura Graeler, LA office supervisor, at

[lbgd5k@missouri.edu](mailto:lbgd5k@missouri.edu) or **573-882-3513**.

We will revert to ZOOM format if COVID19 restrictions are imposed and disallow an in-person meeting.



## SPONSORS:



## SCHEDULE OF EVENTS

### 8:15-8:45 a.m. - Registration

8:45 a.m. - Dean Carolyn Henry, *Welcome and Introduction*

9 a.m. - Dr. Megan McCracken, *Infected joints and tendon sheaths*

9:30 a.m. - Dr. Martha Scharf, *New foal management: Setting the newborn foal up for success*

10 a.m. - Dr. Johanna Klein, *Common conditions of the equine hoof*

### 10:30 a.m. - Break

10:45 a.m. - Dr. Alison LaCarrubba, *Pulling teeth: Equine dental extractions*

11:15 a.m. - Dr. Alexandra Warren, *What to do with a colicky horse before the vet gets there*

11:45 a.m. - Dr. Allison Fuchs, *Corneal ulcers: The good, the bad, and the ugly*

### 12:15 p.m. - Lunch

1:15 p.m. - Dr. Kile Townsend, *Equine asthma*

1:45 p.m. - Dr. Betsy Larsen, *Wound care*

### 2:15 p.m. - Break

2:30 p.m. - Dr. Kelly Sandelin, *Gastric ulcer disease updates*

3 p.m. - Dr. Lyndsey Hayden, *Modern veterinary approach to hind limb lameness*

3:30 p.m. - Dr. Philip Johnson, *Horse illnesses that result from feeding errors*

4 p.m. - A word from our generous sponsors

### 4:15 p.m. - Hospital Tours

## **QUADRILLE!!**

**Far too many years ago now Kim Kriekhaus offered quadrille riding at her farm in Sturgeon one Monday night a month, and several of us got to be regulars, addicted to the thrill and concentration of riding in patterns with groups of horses and riders. It was like marching band, or drill team, except with horses! So much fun, and the horses had to learn a lot of valuable things about getting along with other horses in a group, and lengthening or shortening strides to keep up with smaller or larger companions. All were welcome, and since at the lower levels the trot is the fastest gait utilized almost any horse and rider team could comfortably handle the work requirements.**

**And now we are introducing our 2021 version of Quadrille!**

**The first of what will hopefully be a regular event is the Quadrille Group Riding Lesson, conducted by the Queen of Quadrille herself, Kim Kriekhaus, and to be held at Stony Hill Farm on October 10.**

**The cost is \$15-25 per rider in groups of 4 or 6 (bigger group means lower cost!) for CDCTA members and \$25-35 for non-members. The ring fee for Stony Hill will be paid by the CDCTA.**

**Start time is 1 p.m.-end time depends on how many groups we have! Email Lora Blair with your commitment as soon as possible so we can get set up for some fun and beneficial group riding!**

**lorablair@gmail.com**

## **MEETING NOTICE:**

**We will be having a short but important CDCTA business meeting prior to starting our quadrille rides. Topics include: nomination for officers for 2022. President serves for two years, other officers for one. We will also be discussing the possibility of a club trail ride at a new venue, so come join us for some fun auditing (or riding!) and be a part of the action as we launch lots of plans for 2022!**

**Remember...if you have not renewed your membership for 2022 it is not too late but we have to have our rosters in to the USDF by November 30, so do it now! Membership form on the back of this newsletter!**



**DRESSAGE & COMBINED TRAINING ASSOCIATION**

Beth Hussey  
655 North Route O  
Rocheport, MO 65279



**NEXT MEETING: Short business meeting followed by  
QUADRILLE RIDING LESSONS! Sunday, October 10  
more details inside!**

**Columbia Dressage & Combined Training Association  
2022 Membership Form**

*CDCTA is a United States Dressage Federation (USDF) Group Member Organization (GMO). By joining CDCTA you are becoming a Group member of the USDF. \$20 of your CDCTA dues are forwarded to the USDF as GMO membership dues. (\$11 for additional members in family)*

Membership year runs December 1-November 30. Dues are payable in October.

**Individual Membership: \$45/year**

**Family Membership:** \$45/year plus \$30.00 for additional member residing at same address. Please list all members included (use additional sheets if needed).

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone Number (s) \_\_\_\_\_

E-mail \_\_\_\_\_

NOTE: We send our monthly newsletters out by email. Please check here if you would prefer to receive a mailed copy. \_\_\_\_\_ Did someone refer you for membership? \_\_\_\_\_

*I am We are occasionally asked to share our membership list with persons or corporations with items of possible interest to our members.*

*Please circle one: DO DO NOT include my name on this list.*

Make check payable to CDCTA and mail to:

**Kim Kriekhaus, Membership Chair  
2202 West Williams Road  
Sturgeon, MO 65284**